Brady Touch

Springtime Meditation

- 9a Meditating in springtime backyard
- 9b with a comfy chair and cool soft drink
- 8x watching the flowers blaze new hues.
- 8c hearing the birds chattering song--
- 2d is good.
- 9a So why do I find it crazy hard
- 9b to get there to focus and to think
- 8x to seek out meaning to life's clue's
- 8c and to what mission I belong--
- 2d I should.

Brady Touch

Invented by Maryann Merriweather-Travis

- 1. Two cinquains Five-line stanzas.
- 2. Syllable count: 9-9-8-8-2 9-9-8-8-2
- 3. Rhyme Scheme: a-b-x-c-d a-b-x-c-d X=unrhymed.