

## Double-Five

### Our Bodies

Astral and etheric bodies attached by silver chord?  
Another source says nine light bodies surround us.  
She envisions rainbow light  
merging into a white glowing.  
Eastern religions reveal rainbow bodies.

All these invisible bodies can envelope me,  
maybe help me navigate other dimensions?  
Perhaps at death this physical body stays  
and my lighter bodies transport my soul.  
I sure could lighten up this heavy body I can see.

**Double-Five:** Double Five is two five line stanzas. You can impose syllable counts and rhyme schemes. These ten lines are in free verse.